

Are You Aware?

Can You Move?

M.Feldenkrais's

"Awareness
Through Movement"
Classes

Starting
Tuesday, Oct. 5th
MY (Millennium) Place
7:00 p.m.

Six Classes
\$60.00
Drop In
\$15.00

Information:
Call Morgan at
(604) 935-1947



Do you wish
to become more
proficient in both?